


 2023/2024 K-5 Breakfast
Breakfast

Sussex County Public Schools

Mon	Tue	Wed	Thu	Fri
1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
		Main Entrée Scrambled Egg Bacon, single sliced ckd Biscuit ez split bkd wg rtu Fruit XXXXXFresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée sausage egg and cheese breakfast sliders Fruit XXXXXFresh Fruit Applesauce cup unsweet Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Pizza breakfast squares sausage wg Fruit XXXXXFresh Fruit Fruit Cup-Peaches Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
Main Entrée Blueberry pancake mini wg Fruit XXXXXFresh Fruit Applesauce cup unsweet Assorted juices Grain/Side Waffles, Mini, 3", Bulk Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Scrambled Egg Bacon, single sliced ckd Biscuit ez split bkd wg rtu assorted poparts Fruit XXXXXFresh Fruit Fruit Cup-Peaches Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Pizza breakfast squares sausage wg assorted poparts Fruit XXXXXFresh Fruit Mixed Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Cereal Grains and Pasta Cinnamon toast crunch cereal	Main Entrée French Toast turkey bacon pancake egg and cheese Fruit XXXXXFresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Cereal Grains and Pasta trix cereal	Main Entrée Chicken & Waffle assorted poparts Fruit XXXXXFresh Fruit Fruit Cup-Peaches Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Cereal Grains and Pasta trix cereal



Mon	Tue	Wed	Thu	Fri
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
Main Entrée breakfast bagel with egg and sausage assorted pop-tarts Chix sausage pancake w/ i/w Fruit XXXXXX Fresh Fruit Applesauce cup unsweet Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée sausage biscuit assorted pop-tarts Fruit XXXXXX Fresh Fruit strawberry cup Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Scrambled Egg Bacon, single sliced ckd French Toast Fruit XXXXXX Fresh Fruit Fruit Cup-Peaches Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Chix sausage pancake w/ i/w Fruit XXXXXX Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée French Toast turkey bacon pancake egg and cheese Fruit XXXXXX Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Cereal Grains and Pasta trix cereal
2/19/2024	2/20/2024	2/21/2024	2/22/2024	2/23/2024
	Main Entrée chicken biscuit assorted pop-tarts Fruit XXXXXX Fresh Fruit Applesauce cup unsweet Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Waffles, Mini, 3", Bulk Fruit XXXXXX Fresh Fruit Assorted juices Fruit Cup-Peaches Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Pizza breakfast squares sausage w/ g Fruit XXXXXX Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Chix sausage pancake w/ i/w assorted pop-tarts Fruit Applesauce cup unsweet XXXXXX Fresh Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
2/26/2024	2/27/2024	2/28/2024	2/29/2024	3/1/2024
Main Entrée Blueberry pancake mini w/ g Fruit XXXXXX Fresh Fruit Applesauce cup unsweet Assorted juices Grain/Side Waffles, Mini, 3", Bulk Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Scrambled Egg Bacon, single sliced ckd Biscuit ez split bkd w/ rtu assorted pop-tarts Fruit XXXXXX Fresh Fruit Fruit Cup-Peaches Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Pizza breakfast squares sausage w/ g assorted pop-tarts Fruit XXXXXX Fresh Fruit Mixed Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Cereal Grains and Pasta Cinnamon toast crunch cereal	Main Entrée French Toast turkey bacon pancake egg and cheese Fruit XXXXXX Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Cereal Grains and Pasta trix cereal	Main Entrée Chicken & Waffle assorted pop-tarts Fruit XXXXXX Fresh Fruit Fruit Cup-Peaches Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Cereal Grains and Pasta trix cereal


2023-2024 Lunch K-5 Lunch
Lunch

Sussex County Public Schools

Mon	Tue	Wed	Thu	Fri
1/29/2024	1/30/2024	1/31/2024	2/1/2024	2/2/2024
		Main Entrée HEALTHY CHOICE BAG Cheeseburger on WG Bun Vegetable potato wedges Baked beans Fruit Mixed Fruit Assorted Fresh Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée HEALTHY CHOICE BAG Tangy BBQ Chicken Vegetable Baked Yams W Apples Collard Greens Fruit Applesauce cup unsweet Assorted Fresh Fruit Grain/Side Mac & Cheese WG Roll Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Pepperoni Stuffed Crust Pizza Stuffed Crust Cheese Pizza Vegetable Garden Salad French fry crinkle cut Fruit Assorted Fresh Fruit Fruit Cup-Peaches Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Condiments Ranch Dip Fat Free Desserts Chocolate Chip Cookie WG
2/5/2024	2/6/2024	2/7/2024	2/8/2024	2/9/2024
Main Entrée Chicken Alfredo HEALTHY CHOICE BAG Vegetable Broccoli Fruit Assorted Fresh Fruit Mixed Fruit Grain/Side Breadstick,dough chz garlic Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée HEALTHY CHOICE BAG Chicken Fajitas Vegetable Savory Buttered Corn Fruit Assorted Fresh Fruit Mixed Fruit Grain/Side Spanish Rice Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Desserts Yellow Cake w/Topping WG Legumes and Legume Products Beans, Pinto, Low-sodium, Canned	Main Entrée Sloppy Joe on Bun HEALTHY CHOICE BAG Vegetable potato wedges Baked beans Fruit Mixed Fruit Assorted Fresh Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Grilled cheese wg i/w Deli Sub Vegetable Vegetable Soup French fry crinkle cut Fruit Applesauce cup unsweet Assorted Fresh Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Desserts Hershey's Triple Chocolate Cookie WG	Main Entrée Chicken Quesadilla Pizza WG Pepperoni Stuffed Crust Pizza Vegetable Savory Buttered Corn Fresh Baby Carrots Fruit Fruit Cup-Peaches Assorted Fresh Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy



Mon	Tue	Wed	Thu	Fri
2/12/2024	2/13/2024	2/14/2024	2/15/2024	2/16/2024
Main Entrée Corn dog corn stick HEALTHY CHOICE BAG	Main Entrée Taco Salad HEALTHY CHOICE BAG	Main Entrée Tangy BBQ Chicken HEALTHY CHOICE BAG	Main Entrée Savory Salisbury Steak w onion gravy Deli Sub	Main Entrée Chicken Quesadilla Pizza WG Pepperoni Stuffed Crust Pizza
Vegetable potato wedges	Vegetable Refried beans Savory Buttered Corn	Vegetable Seasoned Green Beans Au gratin Potatoes	Vegetable Savory Buttered Corn Seasoned Peas	Vegetable Garden Salad French fry crinkle cut
Fruit strawberry cup Assorted Fresh Fruit	Fruit Fruit Cup-Peaches Applesauce cup unsweet	Fruit strawberry cup Assorted Fresh Fruit	Fruit Applesauce cup unsweet Assorted Fresh Fruit	Fruit Fruit Cup-Peaches Assorted Fresh Fruit
Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Grain/Side WG Roll	Grain/Side brown rice	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
Legumes and Legume Products Beans, Pinto, Low-sodium, Canned	Condiments Ranch Dip Fat Free	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Condiments Heinz Low Sodium Light Ranch
	Desserts Chocolate Chip Cookie WG	Desserts Banana Pudding	Desserts Chocolate Chip Cookie WG	
			Cereal Grains and Pasta Baked Roll	
2/19/2024	2/20/2024	2/21/2024	2/22/2024	2/23/2024
	Main Entrée Hot Dog on WG Bun BBQ on WG Bun	Main Entrée Chicken Nuggets	Main Entrée Oven Fried Chicken HEALTHY CHOICE BAG	Main Entrée Pepperoni Stuffed Crust Pizza Stuffed Crust Cheese Pizza
	Vegetable French fry crinkle cut Coleslaw Baked beans	Vegetable Seasoned Green Beans	Vegetable Collard Greens	Vegetable Garden Salad French fry crinkle cut
	Fruit strawberry cup Assorted Fresh Fruit	Fruit Mixed Fruit Assorted Fresh Fruit	Fruit Mixed Fruit Assorted Fresh Fruit	Fruit Assorted Fresh Fruit Fruit Cup-Peaches
	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Grain/Side Mac & Cheese	Grain/Side Veggie fried rice WG	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
		Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Condiments Ranch Dip Fat Free
		Cereal Grains and Pasta Baked Roll	Desserts Chocolate Cake w/Topping	Desserts Chocolate Chip Cookie WG



Mon	Tue	Wed	Thu	Fri
2/26/2024	2/27/2024	2/28/2024	2/29/2024	3/1/2024
Main Entrée Spaghetti w/ meat sauce HEALTHY CHOICE BAG	Main Entrée Taco Salad HEALTHY CHOICE BAG	Main Entrée HEALTHY CHOICE BAG Cheeseburger on WG Bun	Main Entrée HEALTHY CHOICE BAG Tangy BBQ Chicken	Main Entrée Pepperoni Stuffed Crust Pizza Stuffed Crust Cheese Pizza
Vegetable Seasoned Green Beans	Vegetable Refried beans Savory Buttered Corn	Vegetable potato wedges Baked beans	Vegetable Baked Yams W Apples Collard Greens	Vegetable Garden Salad French fry crinkle cut
Fruit strawberry cup Assorted Fresh Fruit	Fruit Fruit Cup-Peaches Applesauce cup unsweet	Fruit Mixed Fruit Assorted Fresh Fruit	Fruit Applesauce cup unsweet Assorted Fresh Fruit	Fruit Assorted Fresh Fruit Fruit Cup-Peaches
Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Grain/Side Mac & Cheese WG Roll	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
	Condiments Ranch Dip Fat Free		Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Condiments Ranch Dip Fat Free
	Desserts Chocolate Chip Cookie WG			Desserts Chocolate Chip Cookie WG

FILTERS	
Name(s)	Value(s)
Buildings	(Sussex Central Elementary School)
Date Range	(Start = 1/28/2024, End = 3/2/2024)
Menu Plan	(2023/2024 K-5 Breakfast, 2023-2024 Lunch K-5 Lunch)